

Comhairle Na Mumhan
Presents
**Fo-Chomórtaisí Oireachtas Rince na
Mumhan 2025**





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To contact Comhairle Na Mumhan

eMail: comhairlenamumhan@gmail.com

An Cathaoirleach agus An Rúnaí

(for all official communications with the Chairperson & Secretary)

Transfer Secretary

eMail: cnm.transfer@gmail.com

Feis Registrar

eMail: cnmfeisregistrar@gmail.com

Trophy Officer

eMail: cnm.trophy@gmail.com



Fo- Chomórtaisí Oireachtas Rince na Mumhan

June 13th, 14th & 15th 2025

Moltóirí Phoebe O' Donaghue - Leinster
 Sonia Leonard - Ulster
 Laura Crossan - Connacht

Ceoltóirí Gerry Conlon – Glasgow Dean Crouch - Connacht

Fees

<u>Admission:</u>	<u>Entry Fees:</u>
Admission(One Day)€10.00	Team Dance €4.00 (per dancer)
3 Day Pass €25.00	Príomh Comórtas € 20.00 (Three Results)
*<u>Passes available on Friday only.</u>	Premier Comórtas € 20.00 (Three Results)
	Solo Competitions €6.00

Opening Date for acceptance of Entries Monday 19th May 2025.

Entries will not be accepted prior to this date.

Entries closing and Final date is Thursday 22nd May 2025. ~~without Fees~~

Returned Entry Forms (see separate documents)

SIGNED *with Fees Thursday 29th May 2025.*

N.B: Cheques/Postal Orders/Bank Drafts to be made payable to Comhairle na Mumhan.

Dancers competing in feiseanna after Monday 19th of May 2025

Please note that dancers are permitted to dance the competition listed on their entry form, if they win that dance and GRADE UP at a feis taking place between the submission of their entry and the Fo-Chomórtaisí. This exemption only applies to the Fo-Chomórtaisí competitions.

Family Fee Discount-10% for two dancers and 15% for three or more from the same Family. This does not include figure competitions.

All enquires in relation to entries (Teachers Only) please contact
Charles Moore ADCRG-0860825841/061322656



Hotel Venue The Charleville Park Hotel

Phone Number: 06333700

Website: www.charlevilleparkhotel.com

Accommodation Rates–Charleville Park Hotel:

Mini Munsters June 2025				
Charleville Park Rooms B&B per night				
	Thu 12th	Fri 13th	Sat 14th	Sun 15th
Single	€145.00	€145.00	€145.00	€145.00
Double	€155.00	€155.00	€155.00	€155.00
Family/Triple (2Adults/2Children)	€185.00	€185.00	€185.00	€185.00
Family Suite				
Interconnecting	€225.00	€225.00	€225.00	€225.00

Please note:

- **Comhairle na Mumhan request that teachers should inform parents that the hotel reserves the right to take appropriate action following misbehaviour by any competitor or child during the Oireachtas.**
- **In the interests of child protection, it is not acceptable for children to wear nightwear in any area of the hotel.**
- **Parents are responsible for the safety and conduct of their own children.**
- **Shoe polish or spray tan are not permitted at the venue.**



Rialacha do Fo- Chomórtaisí Oireachtas Rince na Mumhan

1. Age to be taken as at the 1st January 2025.
2. All competitions at Fo-Chomórtaisí Oireachtas Rince na Mumhan are confined to the Munster region.
3. Entries accepted only from teachers registered with An Coimisiún Le Rincí Gaelacha.
4. World Qualifiers from Oireachtas Rince na Mumhan 2024 & 2025, Irish Nationals 2024 and Oireachtas Rince na hÉireann 2025 are **not eligible** to enter Fo- Chomórtaisí Oireachtas na Mumhan 2025
5. Adjudicator's decision is final.
6. In all solo competitions all dancers will perform to **32 bars** of music following an 8-bar introduction.
7. In Cor Beirte agus Cor Triúr (Two Hand & Three Hand) each team will dance to **40 bars** of music, following an 8-bar introduction.
8. In Cor Faoi 5 (Competition#1), dancers must perform Easy Reel material only. (Munster specific rule). Dancers are permitted to wear either class costumes or day wear e.g. Girls, skirts and tops or Boys shirts & pants.
9. **Competitors must have competed in TWO solo competitions to be eligible to enter the Príomh Comórtas at Fo-Chomórtaisí Oireachtas na Mumhan** (effective April 2017)
10. In all Príomh Comórtas & Premier Comórtas competitions dancers will dance **to the specified number of bars of music listed below following an 8-bar introduction.**
11. Príomh Comórtas: Competition#159 (Faoi7) will dance two rounds.
 - a. Cor nó Port Eadrom nó Port Singil. (**32 bars**)
 - b. Dancers will complete two out of three dances listed
12. Príomh Comórtas: Competition#160 (7–8) will dance two rounds
 - a. Round 1: Cor nó Port Luascadh (**Cor 40 bars**) (**Port Luascadh 32 bars**)
 - b. Round 2: Port Trom (**40 bars**)
13. Príomh Comórtas: Competition#161 to#168 will dance two rounds.
 - a. Round 1: Cor nó Port Luascadh (**Cor 40 bars**) (**Port Luascadh 32 bars**)
 - b. Round 2: Port Trom nó Cornphíopa (**Port Trom 40 bars**) (**Cornphíopa 32 bars**)
14. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
15. Comhairle na Mumhan will not accept responsibility for personal injury or articles lost at the Féile.
16. Comhairle na Mumhan will as far as practicably provide stage surfaces suitable for Irish Dancing. However, the Féile Committee cannot accept liability whatsoever for any injuries sustained while on stage. The lodgement of an entry will be deemed to be an acceptance of this provision by the dancer, parent or guardian.
17. In Bun and Tus grade competitions, dancers are permitted to wear either class costumes or day wear e.g. Girls, skirts and tops or Boys shirts & pants (Munster Specific rule)

18. The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
19. In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
20. Make up / false - eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014. (Please note that dancers in this age group who might be in a Ceilí Team Under 11 will be permitted makeup for team this age group competitions, i.e. Under 11 Ceilí Championships.)
21. Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change in to or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
22. Should a dancer fall on stage, the adjudicator MUST ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice, if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
23. Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to re dance as soon as it is deemed practicable by the stage steward.
24. No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform, this work as, and from, 1st September.
25. Port competitions must have both a light and heavy result where both jig types have been performed.
26. The Feis Committee reserves the right to refuse Admission/Entry to the Feis.
27. Any objections, other than those relating to adjudicators' decisions, **must be lodged in writing with a fee of €20.00 and addressed to An Rúnai** prior to the announcement of the results of the particular competition concerning the objection. The fee will be returned if the objection is upheld
28. Grading up rule (Effective January 1st 2019):
 - a. For those competitions where grading up occurs: Less than or equal to 20 (1 dancer grades up); 21 – 39 inclusive (2 dancers grade up); Greater than or equal to 40 (3 dancers grade up)
 - b. A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

Interpretation of the Rules

- (a) Decisions of An Comhairle as to the interpretation of these Rules and in relation to all other matters pertaining to the Fo- Chomórtaisí Na Mumhan shall be final.
- (b) The submission of an entry shall be taken to signify that the teachers and their pupils concerned accept all these Rules in full and agree to strictly abide thereby

Definition of Grades

Bun Grad:

- 1. Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit. Dancers must perform basic material only

Tus Grad:

- 2. Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

Primary Grad (Munster specific criteria):

- 3. Confined to competitors who have never previously graded out of a competition for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than Bun or Tus or Primary Grade. Dancers can perform the same level of material acceptable in Mean or Ard Grad competition. Solo costumes can be worn by dancers in this grade Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again

Mean Grad:

- 4. Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad. A registered competition for the dance specified for the competition. The same level of material can be performed for Mean grad as Ard Grad.

Príomh Comórtas:

- 5. The title " Príomh Comórtas " may be ascribed to a competition in any grade judged by one adjudicator, where the following conditions apply:
 - a. Two dances to be performed by each competitor.
 - b. In a Príomh Comórtas with an upper age of 8years or less the compulsory dances must consist of either:
 - i. Those stipulated for the older age groups and set out above or
 - ii. Two light dances (Munster Specific.).

When a dancer wins First place in a Príomh Comórtas competition, they are deemed to have won both dances in that competition, even if they are not awarded first place when individual round results are awarded.

Premier Comórtas

(Reserved Competitions to Fó-Chomórtaisí Oireachtas na Mumhan)

- The Premier Comórtas:
 - Will be adjudicated by 1 Judge.
 - Two dances to be performed by each competitor.
 - Round 1 Light Round–Reel/Slip Jig
 - Round 2 Heavy Round–Heavy Jig/Hornpipe.
 - Dancers can perform the same level of material acceptable in Mean or Ard Grad competition.
 - Solo costumes may be worn by dancers.
- Eligible dancers
 - Must NOT have danced in any Primary or Mean solo competitions of this year's Fo-Chomórtaisí
 - Have NOT placed first in any Preliminary Championship in 2024 & 2025.
 - Have NOT placed first in any Craobh Comórtas, EVER.
- World Qualifiers from 2024 & 2025 not eligible to enter Fo-Chomórtaisí Oireachtas Rince na Mumhan 2025

Awards

- Cor (Reel) competition trophy 1-5 place/All competitors in Cor/Reel will receive medals.
- All other Solo competition trophy 1-3 place/50% competitors will receive medals.
- Príomh Comórtas:(Podium Presentation)
 - Overall: Trophy 1-5 place, 1st place also receives sash/All competitors will receive medals
 - Round 1:Trophy 1st place/ 50% competitors will receive medals.
 - Round 2:Trophy 1st place/ 50% competitors will receive medals.
- Premier Comórtas:(Podium Presentation)
 - Overall: Trophy 1-5 place, 1st place also receives sash/ All competitors will receive medals
 - Round 1:Trophy 1st place/ 50% competitors will receive medals.
 - Round 2:Trophy 1st place /50% competitors will receive medals.
- Teams-1st place receive small trophy each.
 - All 2-Hands/8-Hands dancers receive medals.
- Separate Boys competition: when 5 or more boys entered.

Rince Seit Tradisiúnta/Traditional Set Dances

1. ALL versions of Traditional set dances are acceptable once danced in a Traditional style.
2. Clicks are not permitted in any Traditional set dance.
3. Dancers are not permitted to move in a counter direction when executing "rolls". "Rolls" may be danced on the spot or moving in the direction of the leading foot e.g. the first bar of music in the King of the Fairies maybe danced on the spot or to the right when dancing on the right foot and on the spot or to the left when dancing on the left foot.
4. "Rocks" in any Traditional set dance must be fully completed and not cut short.
5. JOB OF JOURNEYWORK:" Boxes "in this Traditional set dance may be executed in either FOUR or FIVE beats. The "box" must be completed by the two shoes touching at the toe piece. There is no "stamp" immediately following the "box".
6. ST. PATRICK'S DAY: (O'Keeffe version) in the 5th bar of the step (lead) and also the 5th and 10th bars of the set, dancers **must** hit their toe to their heel. Banging of the toe on the floor is **not** permitted.
7. Single and double trebles **are** acceptable in the step (lead) of **all** Traditional set dances.

Traditional Set Dance Speeds

- St. Patrick's Day 94
- The Blackbird 144
- Job of Journeywork 138
- Garden of Daisies 138
- King of the Fairies 130
- Three Sea Captains 96
- Jockey to the Fair 90

Fo-Chomórtaisí Oireachtas Rince na Mumhan

Days Only Timetable

Friday 13th June 2025

Day	Time	Grade	Halla A		Grade	Halla B
			Stage A	Stage B		
Friday	AM	Bun	9-10	10-11	Bun	11-12
		Tus			Tus	
	PM	Figures	U10/	U12/10-12		
		Primary			Primary	11-12
	Mean/ Príomh	9-10	10-11	Mean/ Príomh		
	Premier			Premier		

Saturday 14th June 2025

Day	Time	Grade	Halla A		Grade	Halla B
			Stage A	Stage B		
Saturday	AM	Bun	12-14	O14	Un- graded	U5 U6
		Tus	12-13	O13		
	PM	Figures	U13	O12/O13		
		Primary	13-14	O/14	Primary	12-13
	Mean	Mean				
	Príomh	13-14 14-15 & O/15		Príomh		
		Premier	13-14	O/14	Premier	12-13

Sunday 15th June 2025

Day	Time	Grade	Halla A		Grade	Halla B
			Stage A	Stage B		
Sunday	AM	Bun	6-7	7-8	Bun	8-9
		Tus			Tus	
	PM	Figures	U7 & 7-9			
		Primary		7-8	Primary	8-9
	Mean	U7	7-8	Mean		
	Príomh			Príomh		

Fo-Chomórtaisí Oireachtas Rince na Mumhan

List of Competitions

	<u>Rince</u>	<u>Aois</u>	<u>Grád</u>
1	Cor	Faoi 5	
2	Port Eadrom	Faoi 5	
3	Cor	Faoi 6	Bun
4	Port Eadrom	Faoi 6	Bun
5	Port Singil	Faoi 6	Bun
6	Cor	6-7	Bun
7	Port Eadrom	6-7	Bun
8	Port Singil	6-7	Bun
9	Port Luascadh	6-7	Bun
10	Cor	7-8	Bun
11	Port Singil	7-8	Bun
12	Port Luascadh	7-8	Bun
13	Port Eadrom/Port Trom	7-8	Bun
14	Cor	8-9	Bun
15	Port Singil	8-9	Bun
16	Port Luascadh	8-9	Bun
17	Port Eadrom/Port Trom	8-9	Bun
18	Cor	9-10	Bun
19	Port Singil	9-10	Bun
20	Port Luascadh	9-10	Bun
21	Port Eadrom/Port Trom	9-10	Bun
22	Cor	10-11	Bun
23	Port Singil	10-11	Bun
24	Port Luascadh	10-11	Bun
25	Port Eadrom/Port Trom	10-11	Bun
26	Cor	11-12	Bun
27	Port Singil	11-12	Bun
28	Port Luascadh	11-12	Bun
29	Port Eadrom/Port Trom	11-12	Bun
30	Cor	12-14	Bun
31	Port Singil	12-14	Bun
32	Port Luascadh	12-14	Bun
33	Port Eadrom/Port Trom	12-14	Bun
34	Cor	Os Cionn14	Bun
35	Port Singil	Os Cionn14	Bun
36	Port Luascadh	Os Cionn14	Bun
37	Port Eadrom/Port Trom	Os Cionn14	Bun
38	Cor	Faoi 6	Tus
39	Port Eadrom	Faoi 6	Tus
40	Port Singil	Faoi 6	Tus
41	Port Luascadh	Faoi 6	Tus
42	Cor	6-7	Tus
43	Port Luascadh	6-7	Tus
44	Port Singil	6-7	Tus
45	Port Eadrom/Port Trom	6-7	Tus
46	Cor	7-8	Tus
47	Port Luascadh	7-8	Tus
48	Port Singil	7-8	Tus

49	Port Eadrom/Port Trom	7-8	Tus
50	Cor-Reel	7-8	Primary
51	Port Eadrom	7-8	Primary
52	Lá Le Pádraig	7-8	Primary
53	Cor	8-9	Tus
54	Port Luascadh	8-9	Tus
55	Port Singil	8-9	Tus
56	Port Eadrom/Port Trom	8-9	Tus
57	Cor-Reel	8-9	Primary
58	Port Eadrom	8-9	Primary
59	Seit Tradisiúnta	8-9	Primary
60	Cor	9-10	Tus
61	Port Luascadh	9-10	Tus
62	Port Eadrom/Port Trom	9-10	Tus
63	Cornphíopa Tradisiúnta	9-10	Tus
64	Cor-Reel	9-10	Primary
65	Port Eadrom	9-10	Primary
66	Seit Tradisiúnta	9-10	Primary
67	Cor	10-11	Tus
68	Port Luascadh	10-11	Tus
69	Port Eadrom/Port Trom	10-11	Tus
70	Cornphíopa Tradisiúnta	10-11	Tus
71	Cor-Reel	10-11	Primary
72	Port Trom	10-11	Primary
73	Cornphíopa	10-11	Primary
74	Seit Tradisiúnta	10-11	Primary
75	Cor	11-12	Tus
76	PortLuascadh	11-12	Tus
77	Port Eadrom/Port Trom	11-12	Tus
78	CornphíopaTradisiúnta	11-12	Tus
79	Cor-Reel	11-12	Primary
80	Port Trom	11-12	Primary
81	Cornphíopa	11-12	Primary
82	Seit Tradisiúnta	11-12	Primary
83	Cor	12-13	Tus
84	Port Luascadh	12-13	Tus
85	Port Eadrom/Port Trom	12-13	Tus
86	Cornphíopa Tradisiúnta	12-13	Tus
87	Cor-Reel	12-13	Primary
88	Port Trom	12-13	Primary
89	Cornphíopa	12-13	Primary
90	Seit Tradisiúnta	12-13	Primary
91	Cor	Os Cionn13	Tus
92	PortLuascadh	Os Cionn13	Tus
93	Port Eadrom/Port Trom	Os Cionn13	Tus
94	CornphíopaTradisiúnta	Os Cionn13	Tus
95	Cor-Reel	13-14	Primary
96	Port Trom	13-14	Primary
97	Cornphíopa	13-14	Primary
98	Seit Tradisiúnta	13-14	Primary
99	Cor	Faoi7	Mean
100	Port Singil	Faoi7	Mean
101	Port Luascadh	Faoi7	Mean
102	Port Eadrom/Port Trom	Faoi7	Mean

103	Cor	7-8	Mean
104	Port Singil	7-8	Mean
105	Port Luascadh	7-8	Mean
106	Port Eadrom/Port Trom	7-8	Mean
107	Lá Le Pádraig	7-8	Mean
108	Cor	8-9	Mean
109	Port Singil	8-9	Mean
110	Port Luascadh	8-9	Mean
111	Port Eadrom/Port Trom	8-9	Mean
112	Seit Tradisiúnta	8-9	Mean
113	Cor	9-10	Mean
114	Port Eadrom	9-10	Mean
115	Port Singil	9-10	Mean
116	Port Luascadh	9-10	Mean
117	Port Trom	9-10	Mean
118	Cornphíopa	9-10	Mean
119	Seit Tradisiúnta	9-10	Mean
120	Cor	10-11	Mean
121	Port Eadrom	10-11	Mean
122	Port Singil	10-11	Mean
123	Port Luascadh	10-11	Mean
124	Port Trom	10-11	Mean
125	Cornphíopa	10-11	Mean
126	Seit Tradisiúnta	10-11	Mean
127	Cor	11-12	Mean
128	Port Eadrom	11-12	Mean
129	Port Singil	11-12	Mean
130	Port Luascadh	11-12	Mean
131	Port Trom	11-12	Mean
132	Cornphíopa	11-12	Mean
133	Seit Tradisiúnta	11-12	Mean
134	Cor	12-13	Mean
135	Port Eadrom	12-13	Mean
136	Port Singil	12-13	Mean
137	Port Luascadh	12-13	Mean
138	Port Trom	12-13	Mean
139	Cornphíopa	12-13	Mean
140	Seit Tradisiúnta	12-13	Mean
141	Cor	13-14	Mean
142	Port Eadrom	13-14	Mean
143	Port Singil	13-14	Mean
144	Port Luascadh	13-14	Mean
145	Port Trom	13-14	Mean
146	Cornphíopa	13-14	Mean
147	Seit Tradisiúnta	13-14	Mean
148	Cor	Os Cionn14	Mean
149	Port Eadrom	Os Cionn14	Mean
150	Port Singil	Os Cionn14	Mean
151	Port Luascadh	Os Cionn14	Mean
152	Port Trom	Os Cionn14	Mean
153	Cornphíopa	Os Cionn14	Mean
154	Seit Tradisiúnta	Os Cionn14	Mean
155	Cor-Reel	Os Cionn14	Primary
156	Port Trom	Os Cionn14	Primary

157	Cornphíopa	Os Cionn14	Primary
158	Seit Tradisiúnta	Os Cionn14	Primary
159	Príomh Comórtas	Faoi 7	Mean
160	Príomh Comórtas	7-8	Mean
161	Príomh Comórtas	8-9	Mean
162	Príomh Comórtas	9-10	Mean
163	Príomh Comórtas	10-11	Mean
164	Príomh Comórtas	11-12	Mean
165	Príomh Comórtas	12-13	Mean
166	Príomh Comórtas	13-14	Mean
167	Príomh Comórtas	14-15	Mean
168	Príomh Comórtas	Os Cionn15	Mean
169	Cor Beirte	Faoi 6	
170	Cor Beirte	Faoi 7	
171	Cor Beirte	7-9	
172	Cor Beirte	U 10	
173	Cor Beirte	10-12	
174	Cor Beirte	U 13	
175	Cor Beirte	O 13	
176	Cor Triuir	Faoi 7	
177	Cor Triuir	7-9	
178	Cor Triuir	U 10	
179	Cor Triuir	10-12	
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181	Cor Triuir	O 13	
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Note

If the entry in any **Solo** competition is more than 50 competitors or if the entry in any **Team** competition is more than 40 teams, the competition will be split.

Fo-Chomórtaisí Oireachtas Rince na Mumhan

Official Entry Form–SOLO Competitions (SAMPLE)

Signed forms & Entries Fees (with birth certificates if not already submitted) returned to:
Charles Moore ADCRG, 'Ashcombe', 137 Mayorstone Upper, Limerick. V94T2HN

School of Dancing: Bloggs Irish Dancing Academy

Teacher: Joesphine Bloggs Contact Number: 0871122334455 _Date: May19th.2025

Competitor's Name	Competitions Entered	Fee
EG:Mary Murphy	6,7,8,9,	€24.00
John Murphy	187	€20.00

Signature of Teacher: _____ Total: €44.00

Fo-Chomórtaisí Oireachtas Rince na Mumhan

Official Entry Form–Teams Competitions (Sample)

Signed forms & Entry Fees(with birth certificates if not already submitted)returned to: Charles Moore ADCRG, 'Ashcombe' ,137 Mayorstone Upper, Limerick. V94T2HN

School of Dancing: Bloggs Irish Dancing Academy Teacher:

Joesphine Blogs Contact Number: 0871122334455_ Date: May19th.2025

Competition	Team	Fee
169	Team A	€8.00
	Team B	€8.00

Signature of Teacher: _____ Total: €16.00